

Green Beret Presentation

On August 18, Eisenhower Hall resident and Vietnam War veteran **Galen Musselman** was presented with a green beret by officers of the Special Forces Association Chapter 67 (pictured right). "Green Berets" is the colloquial term for United States Army Special Forces based on their distinctive headgear. Upon his admission to the Hollidaysburg Veterans' Home (HVH) in November of 2022, HVH wanted to do something special to help Mr. Musselman remember the days of his service and thought, what better than a Green Beret itself. HVH reached out to Special Forces Association Chapter 67 out of Johnstown, PA, who were thrilled and humbled to provide a brand new beret for Mr. Musselman, embroidered with the U.S. Army Special Forces crest and motto "De Oppresso Liber," meaning "to liberate the oppressed." Chapter President, Dave Kochara, and Vice President, John Peoples, spent time visiting with Mr. Musselman and his family members, and even brought photos to share with them.



HVH Leadership

Commandant
Christina Dambeck

Director of Nursing
Kelly Smith

**Have an idea or
suggestion for the
newsletter?**

Contact:

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Volunteer Resources
Coordinator
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TAPS

*Every month we honor
and remember HVH
residents who have
recently departed our
ranks.*

Robert Chappell Jr.
Sylvester Robinson



*"Day is done, gone the sun,
From the lake, from the hills, from the sky;
All is well, safely rest, God is nigh."*

Welcome Wagon



New Residents

Hollidaysburg Veterans Home staff, volunteers, and residents would like to extend a special Welcome to new residents who joined us over the past month.

William Aikins	Homer Miller
Charles Connacher	Edwin Rinker
John Echard	Thomas Swanson
George Long	John Wray
Michael McEndree	Gregory Nale



New Team Members

Welcome to the Team!

New Volunteers

Tom McGrath

"Just for Fun" Corner

Did you know ... August 26 is National Toilet Paper Day! In celebration, residents made fun toilet paper roll crafts for an Activity program.

Sat Aug 26th, 2023



National Toilet Paper Day

Keeping the bathroom clean and hygienic, this everyday item is a household staple and essential for daily life, ensuring comfort and convenience.



Green Beret Presentation

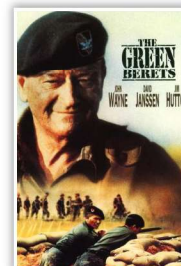
Sergeant Major (SGM) Galen

Musselman retired from the Army in 1994, having served 26 years, including three tours in Vietnam. He was awarded the Purple Heart twice, and received a Bronze Star with "V" device for an act of valor in combat. His occupational specialties included weapons systems, communications and foreign language (Chinese).

Originally from Bedford, PA, SGM Musselman returned home and worked for H&R Block then at Shawnee State Park in the maintenance department, enjoying life and his much deserved retirement from the service.



As it turns out, SGM Musselman's Special Forces unit was part of the 1968 American war film *The Green Berets*, directed by and starring John Wayne. His unit is pictured below with John Wayne himself (SGM Musselman in front row, far right). The movie is based on the 1965 novel of the same name written by Robin Moore.



The film's large set-piece battle is loosely based on the Battle of Nam Dong on 5–6 July 1964 when two Viet Cong battalions and the PAVN attacked a CIDG camp at Nam Dong near the Lao-Viet border in South Vietnam's Central Highlands.



SGM Musselman is pictured above with the officers of Special Forces Association Ch. 67 and several family members - sisters Rosanna Paul and Jean Musselman, niece Tammy Frazier and her granddaughter Tinley, and niece Donna Keeney.



History of the Green Beret

The Green Beret was originally designated in 1953 by Special Forces Major Herbert Brucker, a veteran of the OSS. Later that year, 1st Lt. Roger Pezelle adopted it as the unofficial headgear for his A-team, Operational Detachment FA32. They wore it whenever they went to the field for prolonged exercises. Soon it spread throughout all of Special Forces, although the Army refused to authorize its official use.

Finally, in 1961, President Kennedy planned to visit Fort Bragg. He sent word to the Special Warfare Center commander, Brigadier General William P. Yarborough, for all Special Forces soldiers to wear their berets for the event. President Kennedy felt that since they had a special mission, Special Forces should have something to set them apart from the rest. Even before the presidential request, however, the Department of Army had acquiesced and teletyped a message to the Center authorizing the beret as a part of the Special Forces uniform.



When President Kennedy came to Fort Bragg October 12, 1961, General Yarborough wore his green beret to greet the Commander-in-Chief. The president remarked, "Those are nice. How do you like the green beret?" General Yarborough replied: "They're fine, sir. We've wanted them a long time."

A message from President Kennedy to General Yarborough later that day stated, "My congratulations to you personally for your part in the presentation today ... The challenge of this old but new form of operations is a real one and I know that you and the members of your command will carry on for us and the free world in a manner which is both worthy and inspiring. I am sure that the green beret will be a mark of distinction in the trying times ahead."

In an April 11, 1962 White House memorandum for the United States Army, President Kennedy showed his continued support for the Special Forces, calling the green beret... "A symbol of excellence, a badge of courage, a mark of distinction in the fight for freedom."

Commandant's Corner

Greetings, all! I hope this letter finds you well. It's been quite busy this past month here at HVH. I hope everyone has been enjoying the beautiful flowers on the front patios and the sunshine, I know I have been.

Some updates – The Department of Health (DOH) was on campus for their annual survey recently in Arnold and Eisenhower Halls. While there is always room for improvement, I'd like to thank the HVH staff for their hard work and dedication day in and day out, and I'd like to thank the residents and families for their patience and understanding during the survey. We anticipate the Department of Human Services (DHS) to be in soon for their annual inspection of MacArthur Hall. Speaking of Mac Hall, I am sure you've noticed a LOT of construction going on there. It is SO exciting to see things coming along, but many apologies for the noise and dust. We promise once the projects are complete, it will be worth it! The construction of the new CLC is also moving along nicely – there are even TVs in the lobbies of Arnold and Eisenhower Halls that show a live feed of the construction site!

I've noticed a lot of fun and unique activities on the calendar lately such as buffet trips, in-house concerts, karaoke, picnics and even some poetry readings. Residents, I encourage you to check out some of these if you haven't done so yet. There is something for everyone to enjoy thanks to our wonderful Activities department.

On Saturday, August 19th, HVH had a softball tournament for interested employees. It was great fun and we are trying to make this an annual event and a friendly competition against the employees at Van Zandt Medical Center. More details will follow at a later time.

As always, if you have any questions, please feel free to stop by my office or call 814-696-5356.

Chrissy



HVH's first softball team, after their charity tournament on August 19 at Seitz Field in Altoona.

Resident Council

Greetings from Arnold Hall:

We had a busy month of Activities. Thanks for Father Brad and Pastor Dave for our religious services.

A special thank you to Phil McCauley for a great Elvis show. Everyone really enjoyed it and want him to return again for another performance! Great job Phil ...!

Some of our fun things to do are: Red Hat for ladies, Duncansville VFW trip, Canoe Creek fishing, Bingo, and Lou & Cindy Brumbaugh concert and dining out at our favorite restaurants, etc.

Have a great Day!

Time for a joke:

Looking out into the pitch-black night, a sea captain sees a light dead ahead. It's on a collision course with his ship.

He sends out a light signal: "Change your course ten degrees east."

The light signals back to the ship: "Change yours 10 degrees west."

Angrily, the captain sends a second signal stating, "I'm a Navy captain! Change your course, sir!"

"I'm a seaman, second class," comes back in reply, "you change your course, sir."

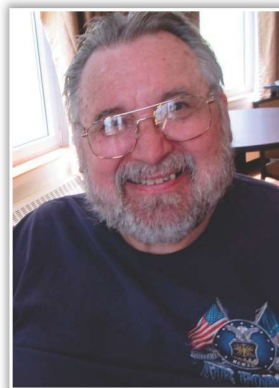
The captain is now furious. "I'm a battleship," he signals. "I'm not changing course for anything!"

He receives on final call, stating, "Well I'm a lighthouse, so it's your call!"

So long for now!

John Serwinsky

President, Resident Council, Arnold Hall

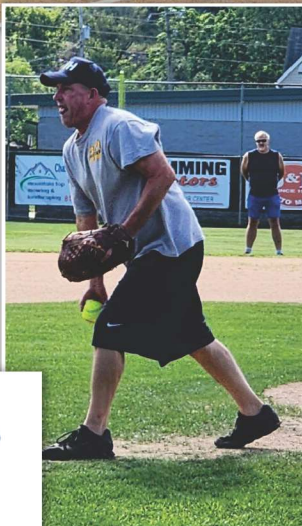


HVH Employee Softball Tournament

The recently formed HVH Employee Association held a softball tournament on August 19 to raise money for the Association for Suicide Prevention. It was a really fun event!



HVH will also have a team participating in the **Out of the Darkness Walk** on September 10 at Lakemont Park. Anyone who wants to participate or donate to the walk can go online to www.afsp.org/blair and search for the team name **HVH Steps for Vets.**



American
Foundation
for Suicide
Prevention

OUT OF THE
DARKNESS
Community Walks



Sports Corner

Altoona and Hollidaysburg high school football teams faced off in their annual crosstown rivalry on Friday, August 25. It's a matchup that sees both communities come out in full force, fueling the excitement for a new season. This rivalry was reborn in 2018 with Hollidaysburg taking home the 42-27 victory. In the last five meetings, the Golden Tigers have won three. However, it's been the Altoona Mountain Lions who have won the last two with last year resulting in a 19-9 win.

It would take Altoona just six seconds to score to start the fourth quarter as Jack Steiner would run it in from 14 yards out. A bad snap would force Altoona to try for two, which was unsuccessful. Hollidaysburg remains in the lead 14-13 with 11:54 left in the game.

The Golden Tigers next drive would be limited, gaining one first down, but they'd be forced to punt. A few plays later, Landon Wells would pick off Brennan Freiwald for a pick-six, but a roughing the passer penalty would negate the touchdown and move Altoona to their own 42.

The Mountain Lions would slowly move down the field. After back to back offsides penalties, Mosley would find the endzone, but, a false start penalty would negate the touchdown.

4th and 12 Altoona is goal to go and attempts a field goal. The kick is up but no good. Hollidaysburg remains in the lead with just 1:49 left.

The next play Wyland would put the game away, scoring an 80 yard touchdown for Hollidaysburg. This puts them up 20-13 pending the extra point. Extra is good! With 1:35 left, Hollidaysburg leads 21-13. Altoona has two time outs remaining. Caden DeLattre would seal the game for the Golden Tigers, getting an interception.

Hollidaysburg ends their two game losing streak against Altoona, winning 21-13.



Hollidaysburg defeats Altoona 21-13 to end their losing streak

Article Source:

<https://www.wtaj.com/sports/sportsbeat/sportsbeat-game-of-the-week-altoona-vs-hollidaysburg->

RESIDENT LIFE

Residents have been busy with a variety of activities, including a hilarious "Wet T-shirt Contest" involving tossing wet t-shirt bundles into a basket, visits from the beautiful "Belladonna" of Victory Therapeutic Horsemanship, banana splits and a program by Karaoke Celebration, and a competitive Pokeno game at Mac Hall.





Birthdays

*HVH would like to wish a very **Happy Birthday** to all of our residents with birthdays in August and September.*

August

Jane Koury	Harriet Davis
David Roush	George Prestash
Robert Andrews	James Baker
George Best	Carol Tharaldson
Valerie Brand	Bruce Woodbury
Raymond Mission	Arlene Gordon
Aaron Ager	Tom Frampton
Cecil Walk	Michael Barnum
Galen Musselman	Frank Davis
Clayton Pownell	Malcolm Lehman
Joseph Kuhar	William Myers
William Hamilton	Michael Harvey
Denny Cutshall	

September

Robert Marko	Delford Turner
Clarence Robertson Jr.	Martha Seymore
Robert Schaub	Earl Doran
Harry Henry	Daniel Brenneman
John Servinsky	Donald Love
Thomas Lamb	Raymond Harding
Robert Posenal	Robert Fink
Judd Stehley	George Bopp Jr.
John Foight IV	James Knight
Harry Charlesworth	Michael Mateljan
Ronald Dintino	Marlow Smolik
Robert Schweigart	



Happy Birthday to the U.S. Coast Guard!

The U.S. Coast Guard celebrated its 229th birthday on August 4. Created by Congress as the Revenue-Marine in 1790, the Coast Guard is the oldest continuous seagoing service of the United States.

The multi-mission service is unique among our military branches for having a maritime law enforcement mission with jurisdiction in both domestic and international waters. As one of the country's five armed services, the Coast Guard has been involved in every U.S. war from 1790 to the Iraq War and the War in Afghanistan. By the 1860s, the service was known as the U.S. Revenue Cutter Service.

The Coast Guard maintains an extensive fleet of 243 coastal and ocean-going patrol ships, tenders, tugs and icebreakers called "cutters", and 1650 smaller boats, as well as an aviation division consisting of 201 helicopters and fixed-wing aircraft. While it is the smallest of the U.S. military service branches in terms of membership, with 40,992 men and women on active duty, by itself our Coast Guard has the world's 12th largest naval force.

The Hollidaysburg Veterans Home is currently home to one Coast Guard veteran.



This Month in History

Brought to you by Historyplace.com and History.com

August 3, 1492 - Christopher Columbus set sail from Palos, Spain, with three ships, Nina, Pinta and Santa Maria. Seeking a westerly route to the Far East, he instead landed on October 12th in the Bahamas, thinking it was an outlying Japanese island.

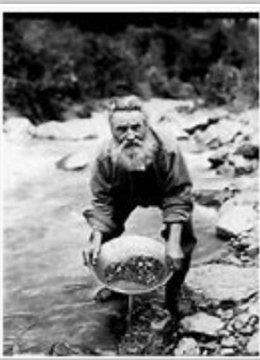


August 6, 1945 - The first Atomic Bomb was dropped over the center of Hiroshima at 8:15 a.m., by the American B-29 bomber Enola Gay. The bomb detonated about 1,800 ft. above ground, killing over 105,000 persons and destroying the city. Another estimated 100,000 persons later died as a result of radiation effects.



August 14, 1945 - V-J Day, commemorating President Truman's announcement that Japan had surrendered to the Allies.

August 15, 1969 - Woodstock began in a field near Yasgur's Farm at Bethel, New York. The three-day concert featured 24 rock bands and drew a crowd of more than 300,000 young people. The event came to symbolize the counter-culture movement of the 1960's.



August 16, 1896 - Gold was discovered in Rabbit Creek, a tributary of the Klondike River in Alaska, resulting in the Great Klondike Gold Rush.

This Month in History, continued

August 17, 1978 - The first transatlantic balloon trip was completed by three Americans; Max Anderson, Ben Abruzzo, and Larry Newman, all from Albuquerque, New Mexico. Starting from Maine on August 11th, they traveled in Double Eagle II over 3,000 miles in 137 hours, landing about 60 miles west of Paris.



August 26, 1910 - Mother Teresa (1910-1997) was born (as Agnes Gonxha Bojaxhiu) in Skopje, Yugoslavia. She founded a religious order of nuns in Calcutta, India, called the Missionaries of Charity and spent her life working to help the poor and sick of India.

August 31, 1997 - Britain's Princess Diana died at age 36 from massive internal injuries suffered in a high-speed car crash, reportedly after being pursued by photographers. The crash occurred shortly after midnight in Paris inside a tunnel along the Seine River at the Pont de l'Alma bridge, less than a half mile north of the Eiffel Tower. Also killed in the crash were Diana's companion, Dodi Fayed, 42, and chauffeur Henri Paul. A fourth person in the car, body-guard Trevor Rees-Jones, was seriously injured.



National Purple Heart Day

Each year on **August 7**, our nation recognizes the men and women who are known as our Purple Heart recipients. The Purple Heart, one of the oldest military decorations, is presented to service members who were injured or killed in service to our country.

This highly respected, albeit unsought, military accolade is the oldest award still presented to American service members today. Its origins date back to the waning days of the American Revolutionary War. There are an estimated 1.8 million Purple Heart recipients.



Employee Recognition

Caught You Caring is an exceptional service program to recognize staff members that exceed expectations. HVH employees and residents who wish to identify an outstanding employee complete a "Caught You Caring" post-card to nominate that employee. The employees' names are entered into a prize drawing at the end of each month.

These HVH employees were nominated for "Caught You Caring" in the month of July 2023:

Jen Hoover
Kristy Johnson
Kevin Hinds
Mark Conrad
Chad Franey
Emmet Kuntz
Adrienne Bilek
Tammy Millward
Tom Beavers
Melody Bearer
Joe Patterson
Nate Angermeir
Stephanie Wirfel
Michelle Shoeman
Steven Miller
Ed Stewart
John Stewart
Mike Clowson
Louann Dolinsky
Francis Phillips
Kris Heffener

Shannon Barr
Tim Showalter
Rodney Watson
Tim McGarry
Gloria Broberg
Jason Price
Traci Martin
Mitchelle Raynard
Mark Caputo
Tom Marino
Amy Lingenfelter
Denise Sorrichetti
Sheri Bookhammer
Chase Hileman
Vanessa Harvey
Linde Neeley
Vicky Chamberlain
Jeffery Johnson
Todd Mickel
Louis Seidel
Kody Trexler

Dan Zentack
Cody Hartman
Bill Heverly
Shayne Temple
Butch Regala
Lisa Murray-Geibel
Anna Riley
Theresa Smith
Amanda Yon
Shelly Dick
Mike Gunsallua
Cody Walls
Matt Drass
Tony Lardieri
Ryan Meintel
Tyler Daugherty
Jamie DeArmitt
Amber Friday
Vanessa Yoder

Caught You *Caring!*



The winner for the July prize drawing was **Vicky Chamberlain!**

Retirements



Maria Braun, Dietary

Maria Braun (pictured front, center) has been a beam of sunlight every day in the dietary department and beyond at HVH. Maria has been a dedicated Food Service Worker since August 7, 2017. Her positive attitude, willingness to help, and love for everyone she meets has been a gift during her time here and will be missed. In retirement, Maria looks forward to spending time with her 90 year old mother who lives in Mexico.

When she returns she plans on spending time with the rest of her family and committing random misdemeanors to stay active.

Her sense of humor will be missed!



Sherry Falbow, ADON

Sherry Falbow (pictured center) will retire on September 1 after almost 14 years of service to HVH. Sherry started as an RN in 2008, was promoted to RN Supervisor in 2012 and Assistant Director of Nursing in 2015. Sherry is grateful to her fellow ADONs, Jen Claar and Rick Schilling, for 10 years of working well together like sisters and a brother. Her epitaph: "be honest, be kind, be fair, work well together and leave each day knowing you gave your best."



Sandra Edkins, RN

Sandra Ekins has had productive nursing career at HVH and other state agencies, beginning as an LPN at HVH from 2000 to 2004, an RN at the Ebensburg Center from 2006 to 2008 before becoming a Health Facility Quality Examiner for the Department of Health in 2008. She then transferred back to the HVH in 2018 and has been a dedicated RN here ever since, most recently on Ground East. She will retire with over 21.5 years of service to the Commonwealth of PA and 9.5 years for HVH. In retirement, Sandra looks forward to traveling and visiting her son and daughter who both live out of state. Sandra will greatly miss her colleagues and the residents of HVH. Serving our veterans is very meaningful to Sandra as her son is a Marine officer and her mother was a nurse aide and maintenance clerk at HVH for many years.



Mac Hall Happenings

On July 29, MacArthur Hall residents enjoyed to return of the Jersey Shore Country Store, sponsored by the Sons of the American Legion post 36 of Jersey Shore, PA. Residents were treating to a no-cost shopping experience of clothing, shoes, and various household items.

A special thanks goes to Doc Crouse, Commander of S.A.L. #36 who has led the fundraising efforts and organized the event for 12 years. Our residents look forward to this all year!



Mac Hall Musings - August 2023 edition

Please enjoy these clever drawings and quotes that are displayed throughout the halls of MacArthur Hall, courtesy of talented resident artist Mr. Bob Fink. He calls this issue **"Born in August, American Style,"** featuring famous Americans born in August.



LUCILLE
DESIRÉE
BALL
AUGUST 6, 1911
APRIL 26, 1989
13 EMMY AWARDS

"DON'T RUSH YOUR MAKE-UP, OTHERWISE YOU'LL LOOK LIKE A PATCHWORK QUILT." - LUCY



ALFRED
JOSEPH
HITCHCOCK
AUG. 13, 1899
APR 29, 1980

"THERE IS NO TERROR IN THE BANG, ONLY IN THE ANTICIPATION OF IT."

- HITCHCOCK, PRODUCER



ROBERT
DE NIRO
AUGUST 17, 1943

ACTOR, UNCOMPROMISING PORTRAYS OF ABRASIVE CHARACTERS. PRESIDENTIAL MEDAL OF FREEDOM, 2016.

"Born in August, American Style"



TERRY GENE
BOLLER
AUGUST 11, 1953

"HULK HOGAN"

"NEGATIVITY AND HULKAMANIA — TWO THINGS THAT DON'T GO TOGETHER." — "HULK"

LOUIS DANIEL
ARMSTRONG
AUGUST 4, 1901
JULY 6, 1971



"POPS"

"WHAT A WONDERFUL WORLD IT WOULD BE, IF ONLY WE'D GIVE IT A CHANCE."

- L.O. ARMSTRONG



MICHAEL
JACKSON
AUG 29, 1958
JUN 25, 2009

"KING OF POP"

"STUDY THE GREATS AND BECOME GREATER."

- M.J.

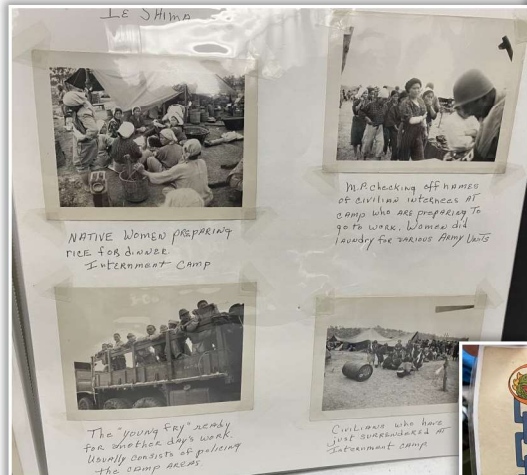
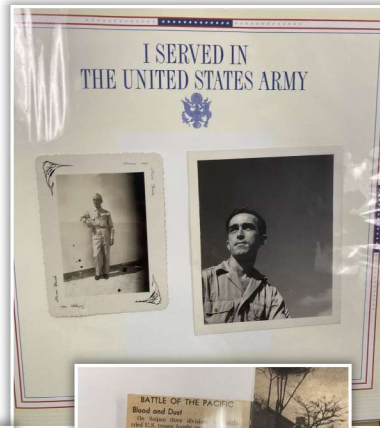
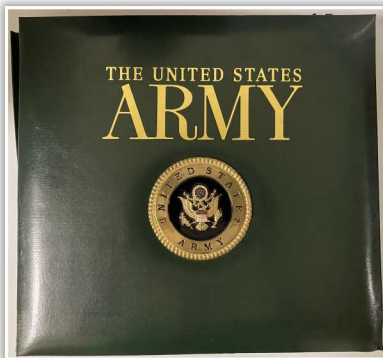
Donations

THANK YOU

THANK YOU

HVH received a very unique donation of a scrapbook of a local Army veteran from the Martinsburg area who served four tours in World War II in the Pacific Theatre around the year 1943. When the veteran passed away, his family chose to donate the scrapbook to HVH so that our residents could enjoy looking at the photos, documents and memorabilia.

The scrapbook is available from the Volunteer Services office for any resident to view. Mac Hall residents can stop by the office to make an appointment, and EH/AH residents can let their Activities worker know if you'd like to see it.





Donations

The Hollidaysburg Veterans' Home would like to acknowledge all of the organizations and individuals who donated money or items to the home throughout the month of **July 2023**. Your generosity helps our residents to enjoy life-enriching activities and the comforts of home here at HVH. **Thank you!**

Organizations

American Legion Auxiliary 573 Dunlo
 American Legion Riders # 516 Duncansville
 American Legion Auxiliary Unit 606 Fort Loundon
 American Legion Auxiliary Unit # 516
 Hollidaysburg
 American Legion Post # 506 Carrolltown
 American Legion Post # 748 Loretto
 American Legion District 20 Cresson
 American Legion Post # 970 Parkhill
 American Legion Entertainment Cresson
 American Legion Auxiliary # 653 South Fork
 American Legion Post # 653 South Fork
 Cambria Care Center Pittsburgh, PA
 Curryville Church of the Brethren
 Curtin United Methodist Church Howard
 DAV Altoona, PA
 DICK'S Sporting Goods Altoona, PA
 DESA Chapter # 37 Martinsburg, PA
 Operation Loving the Military Shermans Dale, PA
 Operation Loving the Military Port Trevorton, PA
 Sons of American Legion Unit 606 Fort Loundon
 Sons of American Legion # 245 State College
 Sons of American Legion # 653 South Fork
 Sons of American Legion Squad 01-82
 Lewisburg
 Sons of the American Legion # 36 Jersey Shore
 Sheetz Duncansville, PA
 VFW Post # 1754 Huntingdon, PA
 VFW Auxiliary Post # 7377 Sankertown
 VFW Post # 7524 South Fork
 Walmart Altoona, PA
 Walmart Duncansville, PA
 Walmart Transportation 6847 Bedford, PA

Individuals

Autumn Barry-Kyle
 Chuck & Susan Fawcett
 Donald Steigerwald & Donna Riccio
 John K. Bolger
 John & Mary Nosek
 Donna Green
 William & Brenda Peightel
 Daniel Jones
 Dianne Gates
 Deborah Fink
 Brenda Mayhue
 Patricia Seeger
 Linda Babyak
 Teresa Isenberg
 Kerry Parker
 Leszek Wegrzynowicz



Questions about donating
or volunteering?

Contact the Volunteer
Services Department

**814-696-5371 or
814-696-5276**

Hollidaysburg Veterans' Home

184 Veterans Boulevard
Duncansville, PA 16635

Phone: 814-696-5201
Fax: 814-696-5260
E-mail: RA-MVVA-HOMES@pa.gov



pennsylvania

DEPARTMENT OF MILITARY
AND VETERANS AFFAIRS

HOLLIDAYSBURG
VETERANS' HOME

Keep up with us
on Social Media!

Search "Pennsylvania Department
of Military and Veterans Affairs" on
any of the below sites to connect
and keep up with the DMVA!

facebook



You Tube

<https://www.dmva.pa.gov/paveteranshomes/HollidaysburgVeteransHome/Pages/default.aspx>

Hollidaysburg Veterans' Home

HVH's Mission: Ensure the Veterans of the Hollidaysburg Veterans Home (HVH) receive superior care and support while complying with State & Federal laws and policies for health care and veterans' programs.

HVH's Goals

- Ensure the Veterans of HVH receive superior care and support
- Ensure compliance with State & Federal laws and policies for health care and veterans' programs
- Capture and implement best business practices and innovative concepts for support functions
- Manage, train, develop and care for employees – foster a team environment
- Oversee budget process and proper stewardship of funds
- Strive for excellence



"We Care For Our Veterans!"

